

CERTIFICATE

OF PARTICIPATION

This is to certify that

John Albert van der Westhuizen

Has successfully participated & completed the

Bull Team Cowhouse Cross Duathlon 2019 #1

held at Cowhouse Market.

TIME 02:39:43

PACE 05:18/km

OVERALL 2 of 4

GENDER 1 of 3

40 - 49 1 of 2

03 March 2019, Sun

Date



BoutTime

Signature